

THE

Winter

EDITION

Covering
the topics
of:

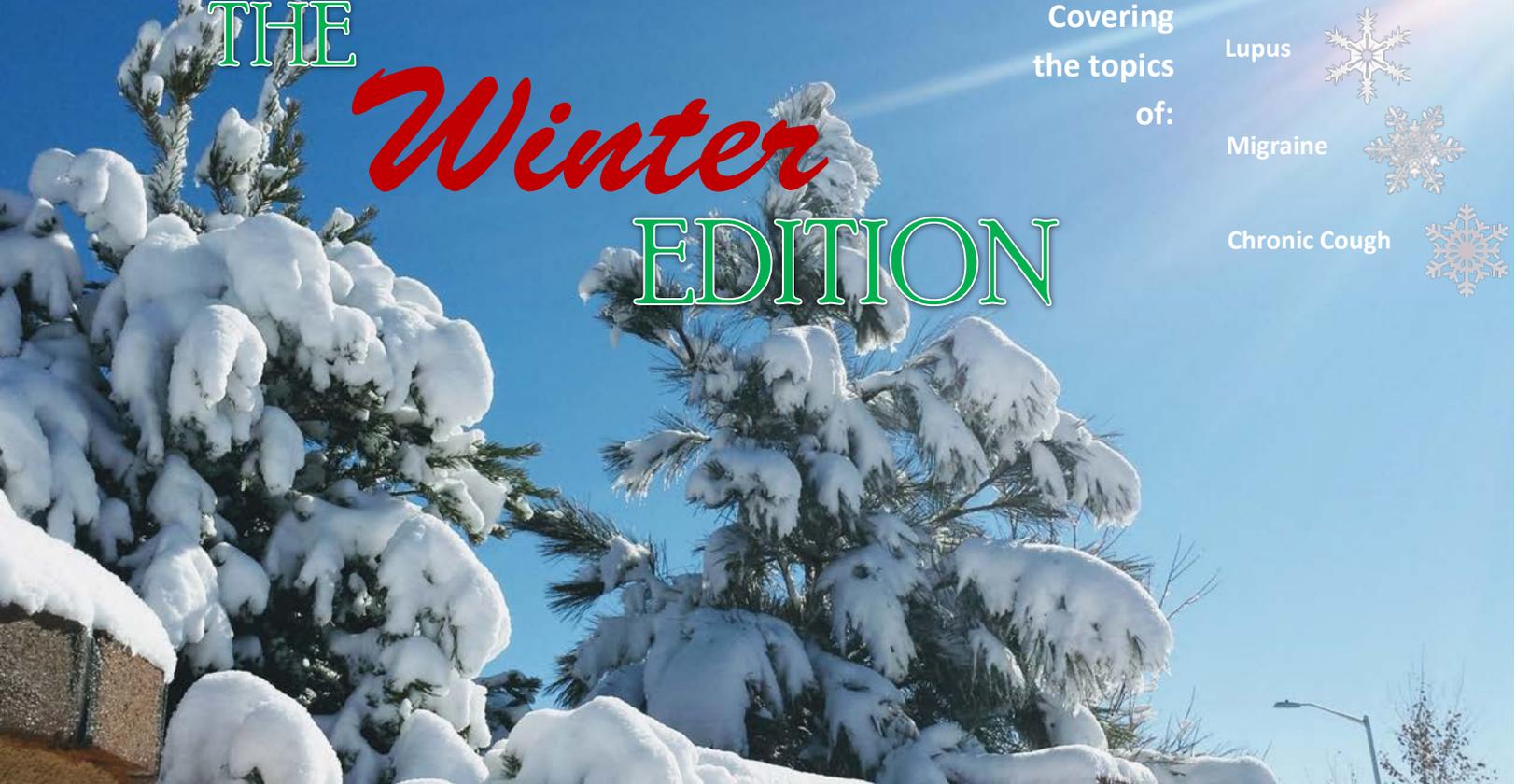
Lupus



Migraine



Chronic Cough



ALBUQUERQUE CLINICAL TRIALS

A Center for Clinical Research

Albuquerque Clinical Trials has been conducting clinical studies for over 25 years.

“Our Mission is twofold: The health of our patients today and the health of our community tomorrow” –Beth Corbin, Founder

Change in hours

Starting in the New Year, our office will now open at 9:00 am on Mondays



Refer a Friend and get a Peppermint Mocha on us! (or any other coffee!)

For more information call 505-224-2735

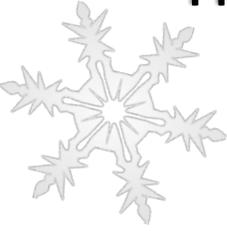


Christmas Family

Every year ACT adopts a special family in need and we spread the Holiday Spirit by donating gifts and food.

If you would like to participate we will be accepting donations until December 17, 2018.

**We are currently enrolling for Lupus, Migraines and Chronic Cough.
Please contact Daisy at 505-224-2735 if you are interested**



In **Lupus**, something goes wrong with your immune system, which is the part of the body that fights off viruses, bacteria, and germs (“foreign invaders,” like the flu). Normally, our immune system produces proteins called antibodies that protect the body from these invaders. Autoimmune means your immune system cannot tell the difference between these foreign invaders and your body’s healthy tissues and creates autoantibodies that attack and destroy healthy tissue. These autoantibodies cause inflammation, pain, and damage in various parts of the body.



Migraines are a common type of headache that

are characterized by an intense throbbing or pulsing in one area of the head and are commonly accompanied by nausea, vomiting, or extreme sensitivity to light and sound.

For some sufferers, migraines are preceded or accompanied by auras, flashes of light or blind spots. Migraines typically last between four and 72 hours.



Postpartum Depression is a

mood disorder that a woman may experience after they have given birth. Symptoms include feelings of anxiety, exhaustion and extreme sadness. It is likely caused by a combination of hormonal and physical changes after childbirth. Those experiencing postpartum depression may find it difficult to care for themselves or their child.



Winter Events in New Mexico



River of Lights~Nov. 24-Dec. 30, 2018

6:00 to 9:30 p.m.

“Enjoy the magic of millions of twinkling lights and more than 500 dazzling holiday displays at Ne Mexico’s largest walk-through light! River of Lights was named one of “The 15 Most Spectacular Holiday Light Displays in the U.S.”

<https://www.cabq.gov/culturalservices/biopark/events/river-of-lights>



Breakfast with Santa~ Dec. 15-23, 2018

9:00 to 11:00 am

“Taste ABQ BioPark proudly presents the first annual Mrs. Claus’s Grand Breakfast Buffet! Celebrate the holiday season, enjoy a hearty breakfast and take pictures with Santa!”

<https://www.cabq.gov/culturalservices/biopark/events/breakfast-with-santa>



Santa’s Village~ Dec. 15, 2018

10:00am to 3:00 pm

“On Saturday, December 15, the Rio Metro Regional Transit District is hosting the 6th Annual Santa’s Village at the Santa Fe Railyard. Join us for this free, family-friendly event featuring games, crafts, interactive displays, mini-train rides, and, of course, pictures with Santa! Participants will also enjoy vendor booths, exhibits, live entertainment, a holiday market, a sensory-friendly zone, and more.”

<https://www.railyardsantafe.com/event/santas-village-4/>

Winterfest December 22, 2018

Ice Skating
Photos with Santa
Holiday Carnival
Parade

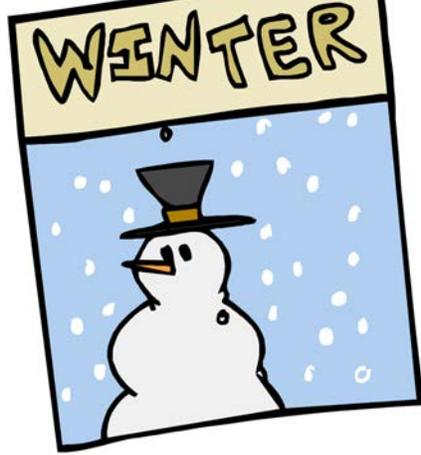


Winterfest~ Dec. 22, 2018

5:00 to 9:00pm

“Take a break from holiday crowds with family activities celebrating the winter season. Winterfest Celebration is a fun event to kick off the holiday weekend.”

<https://rmm.gov/Calendar.aspx?EID=8677>



National Influenza Vaccination
Week
Dec. 2- Dec. 8



Cervical Health Awareness Month
January



US ON



Instagram



Other Enrolling Trials

Atopic Dermatitis
Chronic Cough
Cluster Headache
Cytomegalovirus
Endometriosis
High Cholesterol
Irritable Bowel Syndrome
Lactose Intolerance
Lupus
Migraines
Muscle Spasm
Osteoarthritis
Plaque Psoriasis
Postpartum Depression
Type II Diabetes
Uterine Fibroids

If you are interested in any of these studies, contact us at 505-224-2735 or visit our website: <http://abqct.com>